

BTS TACTICAL FIXED INCOME VIT FUND Semi-Annual Report June 30, 2019

1-877-BTS-9820 (1-877-287-9820)

www.btsfunds.com

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Dear Valued Shareholder,

As CEO of BTS Asset Management ("BTS"), I would like to thank you for investing with the BTS Tactical Fixed Income VIT Fund (the "Fund") and take a moment to review developments related to the Fund, including strategies we've employed, recent returns and our vision for the remainder of 2019.

Performance Discussion

The Fund (Class 2 NAV) generated a 3.24% return for its investors as of June 30, 2019. The Fund's positive performance Year-To-Date came despite increased volatility in both fixed income and equity markets. Indeed, as risk and non-risk assets were all on a rollercoaster ride, reacting to almost daily US-China Trade war headlines, signs of decelerating growth, and alternating Fed announcements on monetary policy, the Fund was able to make a series of risk-on and risk-off moves in an attempt to manage downside risk and generate a positive return, specifically utilizing both high yield and U.S. government bonds as the BTS Investment Models dictated.

The Fund did underperform its Benchmark, the Bloomberg Barclays US Aggregate Bond Index (the "Benchmark"), which returned 6.11%. That said, the Benchmark is an index representing broad-based U.S. investment grade fixed income securities. Corporate bonds for example appreciated to higher-than-normal valuations in early 2019 as optimistic investors flooded fixed income securities in response to the Feds dramatic shift to easy monetary policy. This has left many corporate bond securities overvalued and vulnerable to slowing economic growth and ongoing trade war tensions.

To that end, we believe the Fund is better positioned to achieve positive risk-adjusted returns for the remainder of 2019 than traditional buy and hold corporate bond investors representing the benchmark. Indeed, it is imperative given the backdrop that the Fund remain ready to step to the sidelines with risk-off allocations as the economy slows and trade war tensions escalate.

While the Fund underperformed during the first half of the year, it still met its investment objective by adhering to its core principal of managing downside risk, taking risk-off positions as models dictated.

Allocation and Models Discussion

Looking at the second quarter for example, things began in a "risk on" mode, continuing forward the first quarter's strength in risk assets. Indeed the Fund began the quarter invested in high yield bonds. Following in May, investors' confidence wavered dramatically, to the point that signs of a genuine "flight to quality" appeared in Treasury markets. As our models reacted accordingly, the Fund shifted from high yield into government bonds for a short-term move. Government bond prices did indeed rise as investors sought safer havens, but the period of fear didn't last long and our models once again reacted. That said, we were pleased for an opportunity for the Fund to take advantage of this market dynamic and locked in a gain on the government bond allocation when the Fund sold the position in early June.

At that time, it wasn't yet clear to our models whether the market was returning "risk on" or might instead just drift sideways for a while. In our experience, during uncertain periods of this type—with no medium-term trend apparent—the models typically mandate the Fund step to the sidelines and wait for the market

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to strengthen before stepping back in. Indeed, in our experience, long-term performance can potentially benefit from a willingness to step out of the way of downside events and later, as the market recovers, take a position in risk assets on renewed price strength.

Consistent with this philosophy, when selling the government bond position in early June, the Fund invested in money markets rather than immediately returning to high yield. As the month progressed, our indicators began to reflect increasing strength in the high-yield bond markets. Somewhat unusually, our models also pointed to a positive price trend in Treasuries, even apart from "flight to quality" dynamics. This "double positive" model is atypical but not unprecedented. After all, while high yield and governments are often negatively correlated to each other, they aren't always. In line with our models, therefore, the Fund took positions in both high yield (at a two-thirds weighting) and government bonds (one-third weighting) as the quarter wound down.

BTS Reflections, Fund Strategy and Investment Philosophy Discussion

Half way through a 2019 that featured somewhat more trading events than usual, we'd like to reflect further on the nature of late-cycle volatility and why we believe a readiness to step to the sidelines remains so important to the effort of achieving risk-adjusted returns that seek to limit downside volatility.

Over the decades, we have found that long-term performance can be enhanced through buying on renewed price strength as a market recovers from a decline. But to take advantage of such an opportunity, one must be ready, willing and able to trade out of risk assets to try and preserve remaining capital and be equally capable to deploy it again when the time is right. That's easier said than done; to do so requires stripping emotion away from buy- and sell-decision to the greatest extent possible.

For BTS specifically, our approach includes defensive stop-losses designed to guide us out of a position in our efforts to preserve capital. When this happens during a late-cycle rebound, the effect may be to miss out on some positive investment performance. But of course late-cycle rebounds may be short-lived; eventually, one of them might lead directly into a bear-market downturn that sees 20-40% of risk-asset value stripped away, such as in 2002 and 2008, as measured by the S&P 500 index.

In both those cases, the sharp drawdowns followed upward moves that likely lulled many investors into an over-risked portfolio stance. For such buy and hold index investors, the result may have been an entire "flat decade"—and perhaps even worse, for investors who lost so much capital after 2008 that they didn't return to the market.

As tactical managers focused on capital preservation, we try to steer clear of such false rallies by avoiding a risky buy and hold approach and enforcing a strict sell discipline Through enforcement of this discipline we believe the Fund will be better positioned to generate positive risk-adjusted returns over the long-term.

Fund and Markets Outlook Discussion

As to our outlook, we see the stock market as keying off the bond market—and there's no question that, at present, all eyes are on the Fed. We'll see what happens as the year unfolds, but in general we heavily expect to find opportunity in markets where there are plenty of economic and market-related question marks to raise eyebrows, if not yet red flags. Specifically, we are monitoring, and the investment models and the Fund will seek to navigate, market response to ongoing trade tensions, political risks, and various

economic and decelerating growth indicators, like a low PMI, falling new factory orders, real estate market trends, an inverted yield curve, falling industrial commodities prices, potentially declining corporate profits, historically high stock market valuations, an increase in corporations taking low quality leveraged loans that are "covenant-lite", i.e. loans that lack important financial benchmarks, Federal Reserve policy on interest rates, and lastly, an apparent increase in defaults and delinquencies on credit cards and loans, which is forecast to continue rising.

In our experience and opinion, taking a measured, unemotional approach to markets during periods of uncertainty like this has the potential to help the Fund perform better over the long-term. Stated differently, we believe, especially after almost four decades of practical research, that we would rather miss a short term upside rally than experience a sudden downside swing. It is who we are, and it is who we will continue to be, unapologetically, for investors that that share in our common beliefs and entrust us with their hard earned assets.

Of course, there is no guarantee that any investment strategy will achieve its objectives, generate profits or avoid losses.

Thank you for choosing the BTS Tactical Fixed Income Fund and good luck in 2019!

Sincerely,

Matthew Pasts CMT

CEO, BTS Asset Management

The Bloomberg Barclays Capital U.S. Aggregate Bond Index is comprised of government securities, mortgage-backed securities, asset-backed securities and corporate securities with maturities of one year or more to simulate the universe of bonds in the market. Investors cannot directly invest in an index; unmanaged index returns do not reflect any fees, expenses or sales charges.

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BTS Tactical Fixed Income VIT Fund PORTFOLIO REVIEW (Unaudited)

June 30, 2019

The Fund's performance figures* for the periods ended June 30, 2019, compared to its benchmark:

	1		Annualized	Annualized
	Six Months	One Year	Five Year	Since Inception **
BTS Tactical Fixed Income VIT Fund - Class 1	2.43%	0.96%	1.75%	1.40%
BTS Tactical Fixed Income VIT Fund - Class 2	3.24%	0.36%	1.56%	1.26%
Bloomberg Barclays U.S. Aggregate Bond Index***	6.11%	7.87%	2.95%	2.53%

^{*} The performance data quoted is historical. **Past performance is no guarantee of future results**. Current performance may be higher or lower than the performance data quoted. The principal value and investment return of an investment will fluctuate so that your shares, when redeemed, may be worth more or less than their original cost. The returns shown do not reflect the deduction of taxes that a shareholder would pay on Fund distributions or on the redemptions of Fund shares. The total gross operating expenses as stated in the fee table to the Fund's prospectus dated May 1, 2019 are 1.55% and 2.05% for Class 1 and Class 2 shares, respectively. For performance information current to the most recent month-end, please call 1-877-287-9820.

Portfolio Composition as of June 30, 2019

Holdings By Asset Type	% of Net Assets
Exchange Traded Funds - Debt Funds	52.9%
Mutual Funds - Debt Funds	42.1%
Money Market Funds	5.3%
Liabilities in Excess of Other Assets	(0.3)%
	100.0%

Please refer to the Portfolio of Investments in this semi-annual report for a detailed listing of the Fund's holdings.

^{**} Inception date is April 29, 2013.

^{***} The Bloomberg Barclays U.S. Aggregate Bond Index is a market capitalization-weighted index, meaning the securities in the index are weighted according to the market size of each bond type. Most U.S. traded investment grade bonds are represented. Municipal bonds and Treasury Inflation-Protected Securities are excluded, due to tax treatment issues. The index includes U.S. Treasury securities, government agency bonds, mortgage-backed bonds, corporate bonds, and a small amount of foreign bonds traded in U.S. dollars. The index was formerly known as the Barclays Capital U.S. Aggregate Bond Index and is still commonly referred to as such. Unlike a mutual fund, an index does not reflect any trading costs or management fees. Investors cannot directly invest in an index.

BTS Tactical Fixed Income VIT Fund PORTFOLIO OF INVESTMENTS (Unaudited)

June 30, 2019

Shares		Fair Value
	EXCHANGE TRADED FUNDS - 52.9 %	
	DEBT FUNDS - 52.9 %	
28,586	iShares 20+ Year Treasury Bond ETF	\$ 3,796,507
34,498	iShares 7-10 Year Treasury Bond ETF	3,795,470
99,423	Xtrackers USD High Yield Corporate Bond ETF	4,990,040
	TOTAL EXCHANGE TRADED FUNDS (Cost \$12,599,195)	12,582,017
	MUTUAL FUNDS - 42.1 %	
	DEBT FUNDS - 42.1 %	
653,595	BlackRock High Yield Bond Portfolio - Institutional Class	4,993,464
691,902	JPMorgan High Yield Fund - Institutional Class	5,002,450
	TOTAL MUTUAL FUNDS (Cost \$10,023,079)	9,995,914
	SHORT-TERM INVESTMENTS - 5.3 %	
	MONEY MARKET FUNDS - 5.3 %	
1,562	BlackRock Liquidity Funds Treasury Trust Fund Portfolio - Institutional Class, 2.15% *	1,562
82	Dreyfus Cash Management - Institutional Class, 2.45% *	82
3,917	Dreyfus Government Cash Management - Institutional Class, 2.25% *	3,917
3,870	Federated Government Obligations Fund - Institutional Class, 2.24% *	3,870
1,234,397	Fidelity Investments Money Market Funds - Government Portfolio - Institutional Class, 2.25% *	1,234,397
3,982	Goldman Sachs Financial Square Funds - Government Fund - Institutional Class, 2.25% *	3,982
4,371	Morgan Stanley Institutional Liquidity Fund - Prime Portfolio - Institutional Class, 2.43% *	4,371
	TOTAL MONEY MARKET FUNDS (Cost \$1,252,181)	1,252,181
	TOTAL INVESTMENTS - 100.3 % (Cost \$23,874,455)	\$ 23,830,112
	LIABILITIES IN EXCESS OF OTHER ASSETS - (0.3) %	(61,724)
	NET ASSETS - 100.0 %	\$ 23,768,388

ETF - Exchange Traded Fund USD - United States Dollar

^{*} Money market fund; interest rate reflects seven-day effective yield on June 30, 2019.

BTS Tactical Fixed Income VIT Fund STATEMENT OF ASSETS AND LIABILITIES (Unaudited)

June 30, 2019

ASSETS		
Investment securities:		
At cost	\$	23,874,455
At value	\$	23,830,112
Dividends and Interest receivable		31,559
Receivable for Fund shares sold		2,855
Prepaid expenses and other assets		25
TOTAL ASSETS		23,864,551
LIABILITIES		
Investment advisory fees payable		16,889
Payable to related parties		22,210
Payable for Fund shares repurchased		21,090
Distribution (12b-1) fees payable		9,935
Accrued expenses and other liabilities		26,039
TOTAL LIABILITIES		96,163
NET ASSETS	\$	23,768,388
Net Assets Consist Of:		
Paid in capital (\$0 par value, unlimited shares authorized)	\$	25,032,290
Accumulated losses		(1,263,902)
NET ASSETS	\$	23,768,388
Net Asset Value Per Share:		
Class 1 Shares:		
Net Assets	\$	11
Shares of beneficial interest outstanding		1
Net asset value, offering and redemption price per share (Net assets/Shares of beneficial interest)	<u> </u>	9.68 (a)
Class 2 Shares:		
Net Assets	\$	23,768,377
Shares of beneficial interest outstanding		2,485,210
Net asset value, offering and redemption price per share (Net assets/Shares of beneficial interest)	\$	9.56

(a) NAV does not recalculate due to rounding of net assets and shares.

BTS Tactical Fixed Income VIT Fund STATEMENT OF OPERATIONS (Unaudited)

For the Six Months Ended June 30, 2019

INVESTMENT INCOME	
Dividends	\$ 475,281
Interest	124,713
TOTAL INVESTMENT INCOME	599,994
EXPENSES	
Investment advisory fees	114,820
Distribution (12b-1) fees:	
Class 2	67,541
Professional fees	21,555
Transfer agent fees	18,536
Accounting services fees	14,598
Administrative services fees	14,216
Compliance officer fees	12,202
Trustees' fees and expenses	8,690
Printing and postage expenses	4,345
Custodian fees	2,896
Insurance expense	821
Other expenses	1,448
TOTAL EXPENSES	281,668
NET INVESTMENT INCOME	318,326
REALIZED AND UNREALIZED GAIN (LOSS) ON INVESTMENTS	
Net realized gain from investments	632,505
Net change in unrealized depreciation on investments	(44,343)
NET REALIZED GAIN ON INVESTMENTS	588,162
NET INCREASE IN NET ASSETS RESULTING FROM OPERATIONS	\$ 906,488

BTS Tactical Fixed Income VIT Fund STATEMENTS OF CHANGES IN NET ASSETS

	For the Six Months Ended June 30, 2019 (Unaudited)	For the Year Ended December 31, 2018			
FROM OPERATIONS					
Net investment income	\$ 318,326	\$ 892,429			
Net realized gain (loss) from investments	632,505	(3,062,161)			
Net change in unrealized depreciation on investments	(44,343)	- (2.1.50.732)			
Net increase (decrease) in net assets resulting from operations	906,488	(2,169,732)			
DISTRIBUTIONS TO SHAREHOLDERS					
Total distributions paid					
Class 1	-	(1)			
Class 2	-	(1,427,796)			
Net decrease in net assets from distributions to shareholders		(1,427,797)			
FROM SHARES OF BENEFICIAL INTEREST					
Proceeds from shares sold:					
Class 2	4,980,207	11,546,641			
Reinvestment of dividends and distributions to shareholders:					
Class 1	-	1 427 70 6			
Class 2	-	1,427,796			
Payments for shares redeemed:	(12.746.674)	(10.420.576)			
Class 2	(12,746,674)	(19,420,576)			
Net decrease in net assets from shares of beneficial interest	(7,766,467)	(6,446,138)			
TOTAL DECREASE IN NET ASSETS	(6,859,979)	(10,043,667)			
NET ASSETS					
Beginning of Period	30,628,367	40,672,034			
End of Period	\$ 23,768,388	\$ 30,628,367			
SHARE ACTIVITY Class 1: Share Reinvested Net increase in shares of beneficial interest outstanding	<u>-</u> <u>-</u> <u>-</u>	0 (a) 0 (a)			
Class 2:					
Shares Sold	529,243	1,140,744			
Shares Reinvested	-	150,770			
Shares Redeemed	(1,352,602)	(1,918,140)			
Net decrease in shares of beneficial interest outstanding	(823,359)	(626,626)			
	(,,,	(,)			

BTS Tactical Fixed Income VIT Fund FINANCIAL HIGHLIGHTS

Per Share Data and Ratios for a Share of Beneficial Interest Outstanding Throughout Each Period Presented

Class	1
Class	

							21a35 I					
	For the Six Months Ended June 30, 2019 (Unaudited)		Six Months Ended For the June 30, 2019 Year Ended		For the Year Ended December 31, 2017		For the Year Ended December 31, 2016		For the Year Ended December 31, 2015		For the Year Ended December 31, 2014	
Net asset value, beginning of period	\$	9.45	\$	10.36	\$	10.74	\$	9.49	\$	9.83	\$	9.75
Activity from investment operations: Net investment income (1) Net realized and unrealized gain (loss)		0.07		0.18		0.28		0.17		0.16		0.00 (2)
on investments		0.16		(0.58)		0.06		1.08		(0.50)		0.08
Total from investment operations		0.23		(0.40)		0.34		1.25		(0.34)		0.08
Less distributions from: Net investment income Net realized gains		-		(0.36)		(0.25) (0.47)		-		-		-
Total distributions		- -		(0.15) (0.51)	-	(0.47) (0.72)				-		-
						<u> </u>						
Net asset value, end of period	\$	9.68	\$	9.45	\$	10.36	\$	10.74	\$	9.49	\$	9.83
Total return (3)		2.43% (4	4)	(4.00)%		3.17%		13.17%		(3.46)%		0.82%
Net assets, end of period	\$	11	\$	11	\$	11	\$	11	\$	10	\$	10
Ratio of gross expenses to average net assets before waiver/recapture (5,6)		1.58% (7	7)	1.26%		1.30%		1.30%		1.51%		1.71%
Ratio of net expenses to average net assets after waiver/recapture (5)		1.58% (7	⁷)	1.26%		1.30%		1.30%		1.64%		1.71%
Ratio of net investment income to average net assets (5,8)		2.86% (7	7)	2.93%		2.92%		3.20%		0.54%		0.85%
Portfolio Turnover Rate		208% (4	1)	300%		28%		289%		627%		207%

⁽¹⁾ Per share amounts calculated using the average shares method, which appropriately presents the per share data for the period.

⁽²⁾ Less than \$0.005.

⁽³⁾ Total returns shown are historical in nature and assume changes in share price and reinvestment of dividends and capital gain distributions, if any.

⁽⁴⁾ Not annualized.

⁽⁵⁾ The ratios of expenses and net investment income to average net assets do not reflect the Fund's proportionate share of income and expenses of underlying investments companies in which the Fund invests.

⁽⁶⁾ Represents the ratio of expenses to average net assets absent fee waivers and/or fees recaptured by the advisor and/or administrator.

⁽⁷⁾ Annualized

⁽⁸⁾ Recognition of net investment income by the Fund is affected by the timing of the declaration of dividends by the underlying investments in which the Fund invests.

BTS Tactical Fixed Income VIT Fund FINANCIAL HIGHLIGHTS

Per Share Data and Ratios for a Share of Beneficial Interest Outstanding Throughout Each Period Presented

Class 2

_	F	or the										
		onths Ended		For the		For the		For the		For the		For the
		2 30, 2019	Year Ended		Year Ended		Year Ended		Year Ended		Year Ended	
	(Un	audited)	Dece	ember 31, 2018	Decer	nber 31, 2017	Decer	mber 31, 2016	Decen	nber 31, 2015	Decem	ber 31, 2014
Net asset value, beginning of period	\$	9.26	\$	10.34	\$	10.74	\$	9.49	\$	9.83	\$	9.75
Activity from investment operations: Net investment income (1)		0.11		0.24		0.27		0.28	·	0.00 (2)	0.03
Net realized and unrealized gain (loss) on investments		0.19		(0.87)		0.05		0.97		(0.32)		0.11
Total from investment operations		0.30		(0.63)		0.32		1.25		(0.32)		0.14
Less distributions from: Net investment income		-		(0.30)		(0.25)		(0.00) (2)		(0.02)		(0.06)
Net realized gains				(0.15)		(0.47)		-		-		
Total distributions				(0.45)		(0.72)		(0.00) (2)		(0.02)		(0.06)
Net asset value, end of period	\$	9.56	\$	9.26	\$	10.34	\$	10.74	\$	9.49	\$	9.83
Total return (3)		3.24% (4)	(6.17)%		2.97%		13.19%		(3.21)%		1.40%
Net assets, end of period (000s)	\$	23,768	\$	30,628	\$	40,672	\$	36,697	\$	18,824	\$	15,671
Ratio of gross expenses to average net assets before waiver/recapture (5,6)		2.08% (7)	1.76%		1.80%		1.80%		2.01%		2.21%
Ratio of net expenses to average net assets after waiver/recapture (5)		2.08% (7)	1.76%		1.80%		1.80%		2.14%		2.21%
Ratio of net investment income to average net assets (5,8)		2.36% (7)	2.43%		2.42%		2.70%		0.04%		0.35%
Portfolio Turnover Rate		208% (4)	300%		28%		289%		627%		207%

⁽¹⁾ Per share amounts calculated using the average shares method, which appropriately presents the per share data for the period.

⁽²⁾ Less than \$0.005.

⁽³⁾ Total returns shown are historical in nature and assume changes in share price and reinvestment of dividends and capital gain distributions, if any.

⁽⁴⁾ Not annualized.

⁽⁵⁾ The ratios of expenses and net investment income to average net assets do not reflect the Fund's proportionate share of income and expenses of underlying investments companies in which the Fund invests.

⁽⁶⁾ Represents the ratio of expenses to average net assets absent fee waivers and/or fees recaptured by the advisor and/or administrator.

⁽⁷⁾ Annualized.

⁽⁸⁾ Recognition of net investment income by the Fund is affected by the timing of the declaration of dividends by the underlying investments in which the Fund invests.

BTS Tactical Fixed Income VIT Fund NOTES TO FINANCIAL STATEMENTS (Unaudited)

June 30, 2019

1. ORGANIZATION

The BTS Tactical Fixed Income VIT Fund (the "Fund") is a diversified series of shares of beneficial interest of Northern Lights Variable Trust (the "Trust"), a trust organized on November 2, 2005 under the laws of the State of Delaware and registered under the Investment Company Act of 1940, as amended (the "1940 Act"), as an open-end management investment company. The Fund's investment objective is to seek total return. The Fund commenced operations on April 29, 2013.

The Fund currently offers two classes of shares: Class 1 shares and Class 2 shares. Class 1 and Class 2 shares are offered at net asset value. Each class of shares of the Fund has identical rights and privileges except with respect to arrangements pertaining to shareholder servicing or distribution, class-related expenses, voting rights on matters affecting a single class of shares, and the exchange privilege of each class of shares. The Fund's share classes differ in the fees and expenses charged to shareholders. The Fund's income, expenses (other than class specific distribution fees) and realized and unrealized gains and losses are allocated proportionately each day based upon the relative net assets of each class.

2. SIGNIFICANT ACCOUNTING POLICIES

The following is a summary of significant accounting policies followed by the Fund in preparation of its financial statements. These policies are in conformity with accounting principles generally accepted in the United States of America ("GAAP"). The preparation of financial statements in conformity with GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of increases and decreases in net assets from operations during the reporting period. Actual results could differ from those estimates. The Fund is an investment company and accordingly follows the investment company accounting and reporting guidance of the Financial Accounting Standards Board ("FASB") Accounting Standard Codification Topic 946 "Financial Services – Investment Companies".

Securities Valuation – Securities listed on an exchange are valued at the last reported sale price at the close of the regular trading session of the primary exchange on the business day the value is being determined, or in the case of securities listed on NASDAQ at the NASDAQ Official Closing Price ("NOCP"). In the absence of a sale, such securities shall be valued at the mean between the current bid and ask prices on the day of valuation. Futures and future options are valued at the final settled price or, in the absence of a settled price, at the last sale price on the day of valuation. Debt securities (other than short-term obligations) are valued each day by an independent pricing service approved by the Trust's Board of Trustees (the "Board") based on methods which include consideration of: yields or prices of securities of comparable quality, coupon, maturity and type, indications as to values from dealers, and general market conditions or market quotations from a major market maker in the securities. Investments valued in currencies other than the U.S. dollar are converted to U.S. dollars using exchange rates obtained from pricing services. Short-term debt obligations having 60 days or less remaining until maturity, at time of purchase, may be valued at amortized cost.

Valuation of Underlying Funds - The Fund may invest in portfolios of open-end or closed-end investment companies (the "Underlying Funds"). The Underlying Funds value securities in their portfolios for which market quotations are readily available at their market values (generally the last reported sale price) and all other securities and assets at their fair value to the methods established by the board of directors of the Underlying Funds.

Open-end investment companies are valued at their respective net asset values as reported by such investment companies. The shares of many closed-end investment companies, after their initial public offering, frequently trade at a price per share, which is different than the net asset value per share. The difference represents a market premium or market discount of such shares. There can be no assurance that the market discount or market premium on shares of any closed-end investment company purchased by the Fund will not change.

The Fund may hold securities, such as private investments, interests in commodity pools, other non-traded securities or temporarily illiquid securities, for which market quotations are not readily available or are determined to be unreliable. These securities will be valued using the "fair value" procedures approved by the Board. The Board has delegated execution of these procedures to a fair value committee composed of one or more representatives from each of the (i) Trust, (ii) administrator, and (iii) advisor. The committee may also enlist third party consultants such as a valuation specialist at a

public accounting firm, valuation consultant or financial officer of a security issuer on an as-needed basis to assist in determining a security-specific fair value. The Board reviews and ratifies the execution of this process and the resultant fair value prices at least quarterly to assure the process produces reliable results.

Fair Valuation Process – As noted above, the fair value committee is composed of one or more representatives from each of the (i) Trust, (ii) administrator, and (iii) advisor. The applicable investments are valued collectively via inputs from each of these groups. For example, fair value determinations are required for the following securities: (i) securities for which market quotations are insufficient or not readily available on a particular business day (including securities for which there is a short and temporary lapse in the provision of a price by the regular pricing source), (ii) securities for which, in the judgment of the advisor, the prices or values available do not represent the fair value of the instrument. Factors which may cause the advisor to make such a judgment include, but are not limited to, the following: only a bid price or an asked price is available; the spread between bid and asked prices is substantial; the frequency of sales; the thinness of the market; the size of reported trades; and actions of the securities markets, such as the suspension or limitation of trading; (iii) securities determined to be illiquid; (iv) securities with respect to which an event that will affect the value thereof has occurred (a "significant event") since the closing prices were established on the principal exchange on which they are traded, but prior to the Fund's calculation of its net asset value. Specifically, interests in commodity pools or managed futures pools are valued on a daily basis by reference to the closing market prices of each futures contract or other asset held by a pool, as adjusted for pool expenses. Restricted or illiquid securities, such as private investments or non-traded securities are valued via inputs from the advisor based upon the current bid for the security from two or more independent dealers or other parties reasonably familiar with the facts and circumstances of the security (who should take into consideration all relevant factors as may be appropriate under the circumstances). If the advisor is unable to obtain a current bid from such independent dealers or other independent parties, the fair value committee shall determine the fair value of such security using the following factors: (i) the type of security; (ii) the cost at date of purchase; (iii) the size and nature of the Fund's holdings; (iv) the discount from market value of unrestricted securities of the same class at the time of purchase and subsequent thereto; (v) information as to any transactions or offers with respect to the security; (vi) the nature and duration of restrictions on disposition of the security and the existence of any registration rights; (vii) how the yield of the security compares to similar securities of companies of similar or equal creditworthiness; (viii) the level of recent trades of similar or comparable securities; (ix) the liquidity characteristics of the security; (x) current market conditions; and (xi) the market value of any securities into which the security is convertible or exchangeable.

The Fund utilizes various methods to measure the fair value of its investments on a recurring basis. GAAP establishes a hierarchy that prioritizes inputs to valuation methods. The three levels of input are:

Level 1 – Unadjusted quoted prices in active markets for identical assets and liabilities that the Fund has the ability to access.

Level 2 – Observable inputs other than quoted prices included in Level 1 that are observable for the asset or liability, either directly or indirectly. These inputs may include quoted prices for the identical instrument on an inactive market, prices for similar instruments, interest rates, prepayment speeds, credit risk, yield curves, default rates and similar data.

Level 3 – Unobservable inputs for the asset or liability, to the extent relevant observable inputs are not available, representing the Fund's own assumptions about the assumptions a market participant would use in valuing the asset or liability, and would be based on the best information available.

The availability of observable inputs can vary from security to security and is affected by a wide variety of factors, including, for example, the type of security, whether the security is new and not yet established in the marketplace, the liquidity of markets, and other characteristics particular to the security. To the extent that valuation is based on models or inputs that are less observable or unobservable in the market, the determination of fair value requires more judgment. Accordingly, the degree of judgment exercised in determining fair value is greatest for instruments categorized in Level 3.

The inputs used to measure fair value may fall into different levels of the fair value hierarchy. In such cases, for disclosure purposes, the level in the fair value hierarchy within which the fair value measurement falls in its entirety, is determined based on the lowest level input that is significant to the fair value measurement in its entirety.

The inputs or methodology used for valuing securities are not necessarily an indication of the risk associated with investing

in those securities. The following tables summarize the inputs used as of June 30, 2019 for the Fund's investments measured at fair value:

Assets	Level 1			Level 2 Level 3			Total		
Exchange Traded Funds	\$	12,582,017	\$	=	\$	-	\$	12,582,017	
Money Market Funds		1,252,181		=		-		1,252,181	
Mutual Funds		9,995,914		=		-		9,995,914	
Total	\$	23,830,112	\$	-	\$	-	\$	23,830,112	

The Fund did not hold any Level 2 or Level 3 securities during the period.

Exchange Traded Funds – The Fund may invest in exchange traded funds ("ETFs"). ETFs are a type of index fund bought and sold on a securities exchange. An ETF trades like common stock and represents a fixed portfolio of securities designed to track the performance and dividend yield of a particular domestic or foreign market index. The Fund may purchase an ETF to gain exposure to a portion of the U.S. or a foreign market. The risks of owning an ETF generally reflect the risks of owning the underlying securities they are designed to track, although the lack of liquidity on an ETF could result in it being more volatile. Additionally, ETFs have fees and expenses that reduce their value.

Security Transactions and Related Income – Security transactions are accounted for on the trade date. Interest income is recognized on an accrual basis. Discounts are accreted and premiums are amortized on securities purchased over the lives of the respective securities. Dividend income is recorded on the ex-dividend date. Realized gains or losses from sales of securities are determined by comparing the identified cost of the security lot sold with the net sales proceeds. The accounting records are maintained in U.S. dollars.

Dividends and Distributions to Shareholders – Dividends from net investment income, if any, are declared and paid quarterly. Distributable net realized capital gains, if any, are declared and distributed annually. Dividends from net investment income and distributions from net realized gains are recorded on ex-dividend date and are determined in accordance with federal income tax regulations, which may differ from GAAP. The "book/tax" differences are considered either temporary (i.e., deferred losses, capital loss carry forwards) or permanent in nature. To the extent these differences are permanent in nature, such amounts are reclassified within the composition of net assets based on their federal tax-basis treatment; temporary differences do not require reclassification. These reclassifications have no effect on net assets, results from operations or net asset value per share of the Fund.

Federal Income Tax – It is the Fund's policy to continue to qualify as a regulated investment company by complying with the provisions of the Internal Revenue Code that are applicable to regulated investment companies and to distribute substantially all of its taxable income and net realized gains to shareholders. Therefore, no federal income tax provision is required.

The Fund recognizes the tax benefits of uncertain tax positions only where the position is "more likely than not" to be sustained assuming examination by tax authorities. Management has analyzed the Fund's tax positions and has concluded that no liability for unrecognized tax benefits should be recorded related to uncertain tax positions taken on returns filed for open tax years ended December 31, 2017 to December 31, 2018, or expected to be taken in the Fund's December 31, 2019 year end tax returns. The Fund identifies its major tax jurisdictions as U.S. federal, and Ohio, and foreign jurisdictions where the Fund makes significant investments. The Fund is not aware of any tax positions for which it is reasonably possible that the total amounts of unrecognized tax benefits will change materially in the next twelve months.

Expenses – Expenses of the Trust that are directly identifiable to a specific fund are charged to that fund. Expenses which are not readily identifiable to a specific fund are allocated in such a manner as deemed equitable, taking into consideration the nature and type of expense and the relative sizes of the funds in the Trust.

Indemnification – The Trust indemnifies its officers and Trustees for certain liabilities that may arise from the performance of their duties to the Trust. Additionally, in the normal course of business, the Fund enters into contracts that contain a variety of representations and warranties and which provide general indemnities. The Fund's maximum exposure under these arrangements is unknown, as this would involve future claims that may be made against the Fund that have not yet

occurred. However, based on experience, the risk of loss due to these warranties and indemnities appears to be remote.

Cash and Cash Equivalents – Cash and cash equivalents are held with a financial institution. The asset of the Fund may be placed in deposit accounts at U.S. banks and such deposits generally exceed Federal Deposit Insurance Corporation ("FDIC") insurance limits. The FDIC insures deposit accounts up to \$250,000 for each account holder. The counterparty is generally a single bank rather than a group of financial institutions; thus there may be a greater counterparty credit risk. The Fund places deposits only with those counterparties which are believed to be creditworthy and there has been no history of loss.

Securities Lending Risk – The Fund may lend portfolio securities to institutions, such as banks and certain broker-dealers. The Fund may experience a loss or delay in the recovery of its securities if the borrowing institution breaches its agreement with the Fund (see additional information at Note 7).

3. INVESTMENT TRANSACTIONS

For the six months ended June 30, 2019, cost of purchases and proceeds from sales of portfolio securities, other than short-term investments, amounted to \$74,228,888 and \$52,238,711, respectively.

4. INVESTMENT ADVISORY AGREEMENT AND TRANSACTIONS WITH RELATED PARTIES

BTS Asset Management, Inc. serves as the Fund's investment advisor (the "Advisor"). Pursuant to an investment advisory agreement with the Trust, on behalf of the Fund, the Advisor, under the oversight of the Board, directs the daily operations of the Fund and supervises the performance of administrative and professional services provided by others. As compensation for its services and the related expenses borne by the Advisor, the Fund pays the Advisor an investment advisory fee, computed and accrued daily and paid monthly, at an annual rate of 0.85% of the Fund's average daily net assets. For the six months ended June 30, 2019, the Advisor earned advisory fees of \$114,820.

The Advisor has contractually agreed to waive its management fees and to make payments to limit Portfolio expenses, until April 30, 2020 so that the total annual operating expenses excluding (i) any front-end or contingent deferred loads; (ii) brokerage fees and commissions; (iii) acquired fund fees and expenses; (iv) fees and expenses associated with investments in other collective investment vehicles or derivative instruments (including for example options and swap fees and expenses); (v) borrowing costs (such as interest and dividend expense on securities sold short); (vi) taxes; and (vii) extraordinary expenses, such as litigation expenses (which may include indemnification of Portfolio officers and Trustees, contractual indemnification of Portfolio service providers (other than the Advisor)) of the Portfolio do not exceed 2.00% and 2.50% for Class 1 and Class 2 shares, respectively. These fee waivers and expense reimbursements are subject to possible recoupment from the Portfolio in future years (within the three years after the fees have been waived or reimbursed) if such recoupment can be achieved within the foregoing expense limits. This agreement may be terminated only by the Portfolio's Board of Trustees, on 60 days' written notice to the Advisor. During the six months ended June 30, 2019 the Advisor did not waive any fees. As of June 30, 2019 there are no previously waived fees available for recapture.

<u>Distributor</u> – The distributor of the Fund is Northern Lights Distributors, LLC ("NLD" or the "Distributor"). The Trust has adopted, on behalf of the Fund, the Trust's Master Distribution and Shareholder Servicing Plan (the "Plan"), pursuant to Rule 12b-1 under the 1940 Act, to pay for certain distribution activities and shareholder services. Under the Plan, the Fund may pay 0.50% per year of the average daily net assets of Class 2 shares. For the six months ended June 30, 2019, the Fund incurred distribution fees under the Plan of \$67,541 for Class 2 shares.

The Distributor acts as the Fund's principal underwriter in a continuous public offering of the Fund's Class 1 and Class 2 shares and is an affiliate of GFS. For the six months ended June 30, 2019, the Distributor did not receive any underwriting commissions for sales of the Fund's shares.

In addition, certain affiliates of the Distributor provide services to the Fund as follows:

<u>Gemini Fund Services, LLC ("GFS")</u>, an affiliate of the Distributor, provides administration, fund accounting, and transfer agent services to the Trust. Pursuant to separate servicing agreements with GFS, the Fund pays GFS customary fees for

providing administration, fund accounting and transfer agency services to the Fund. Certain officers of the Trust are also officers of GFS, and are not paid any fees directly by the Fund for serving in such capacities.

<u>Northern Lights Compliance Services, LLC ("NLCS")</u>, an affiliate of GFS and the Distributor, provides a Chief Compliance Officer to the Trust, as well as related compliance services, pursuant to a consulting agreement between NLCS and the Trust. Under the terms of such agreement, NLCS receives customary fees from the Fund.

<u>Blu Giant, LLC ("Blu Giant")</u>, an affiliate of GFS and the Distributor, provides EDGAR conversion and filing services as well as print management services for the Fund on an ad-hoc basis. For the provision of these services, Blu Giant receives customary fees from the Fund.

Effective February 1, 2019, NorthStar Financial Services Group, LLC, the parent company of GFS and its affiliated companies including NLD, NLCS, and Blu Giant (collectively, the "Gemini Companies"), sold its interest in the Gemini Companies to a third party private equity firm that contemporaneously acquired Ultimus Fund Solutions, LLC (an independent mutual fund administration firm) and its affiliates (collectively, the "Ultimus Companies"). As a result of these separate transactions, the Gemini Companies and the Ultimus Companies are now indirectly owned through a common parent entity, The Ultimus Group, LLC.

5. AGGREGATE UNREALIZED APPRECIATION AND DEPRECIATION – TAX BASIS

	Gross	Gross	Net Unrealized
	Unrealized	Unrealized	Appreciation
Tax Cost	Appreciation	Depreciation	(Depreciation)
\$ 23,874,455	\$ -	\$ (44,343)	\$ (44,343)

6. DISTRIBUTIONS TO SHAREHOLDERS AND TAX COMPONENTS OF CAPITAL

The tax character of distributions paid during the fiscal years ended December 31, 2018 and December 31, 2017 was as follows:

	Fisc	al Year Ended	Fiscal Year Ended			
	Dece	ember 31, 2018	Dece	ember 31, 2017		
Ordinary Income	\$	1,151,613	\$	2,645,266		
Long-Term Capital Gain		276,184		-		
Return of Capital		=		=		
	\$	1,427,797	\$	2,645,266		

As of December 31, 2018, the components of accumulated earnings/ (deficit) on a tax basis were as follows:

Undistributed	Undistributed	Post October Loss	Capital Loss	Other	Unrealized	Total
Ordinary	Long-Term	and	Carry	Book/Tax	Appreciation/	Accumulated
Income	Gains	Late Year Loss	Forwards	Differences	_(Depreciation)	Earnings/(Deficits)
\$ 891,771	\$ -	\$ -	\$ (3,062,161)	\$ -	\$ -	\$ (2,170,390)

At December 31, 2018, the Fund had capital loss carry forwards for federal income tax purposes available to offset future capital gains as follows:

	Non-Expiring	Non-Expiring		CLCF
Expiring	Short-Term	Long-Term	Total	Utilized
\$ -	\$ 3,062,161	\$ -	\$ 3,062,161	\$ -

7. SECURITIES LENDING

Under an agreement (the "Securities Lending Agreement") with the Securities Finance Trust Company ("SFTC"), the Fund can lend its portfolio securities to brokers, dealers and other financial institutions approved by the Board to earn additional income. For each securities loan, the borrower shall transfer collateral in an amount determined by applying the margin to the market value of the loaned available securities (102% for same currency and 105% for cross currency). Collateral is invested in highly liquid, short-term instruments such as money market funds in accordance with the Fund's security lending procedures. The Fund continues to receive interest or dividends on the securities loaned. The Fund has the right under the Securities Lending Agency Agreement to recover the securities from the borrower on demand; if the borrower fails to deliver the securities on a timely basis, the Fund could experience delays or losses on recovery. Additionally, the Fund is subject to the risk of loss from investments made with the cash received as collateral. The Fund manages credit exposure arising from these lending transactions by, in appropriate circumstances, entering into master netting agreements and collateral agreements with third party borrowers that provide in the event of default (such as bankruptcy or a borrower's failure to pay or perform), the right to net a third-party borrower's rights and obligations under such agreement and liquidate and set off collateral against the net amount owed by the counterparty. As of June 30, 2019, the Fund did not have any securities out on loan.

8. CONTROL OWNERSHIP

The beneficial ownership, either directly or indirectly, of more than 25% of the voting securities of a fund creates presumption of control of the Fund, under Section 2(a)(9) of the 1940 Act. As of June 30, 2019, Nationwide Life Insurance Co. held approximately 72.8% of the voting securities for the benefit of others. As of June 30, 2019, Jefferson National Life Insurance Co. held approximately 27.2% of the voting securities for the benefit of others.

9. NEW ACCOUNTING PRONOUNCEMENTS

In August 2018, the FASB issued Accounting Standards Update ("ASU") No. 2018-13, which changes certain fair value measurement disclosure requirements. The new ASU, in addition to other modifications and additions, removes the requirement to disclose the amount and reasons for transfers between Level 1 and Level 2 of the fair value hierarchy, and the policy for the timing of transfers between levels. For investment companies, the amendments are effective for financial statements issued for fiscal years beginning after December 15, 2019, and interim periods within those fiscal years. Early adoption is allowed. At this time, management is evaluating the implications of the ASU and any impact on the financial statement disclosures.

10. SUBSEQUENT EVENTS

Subsequent events after the date of the Statement of Assets and Liabilities have been evaluated through the date the financial statements were issued. Management has determined that no events or transactions occurred requiring adjustment or disclosure in the financial statements.

BTS Tactical Fixed Income VIT Fund EXPENSE EXAMPLES (Unaudited)

June 30, 2019

As a shareholder of the Fund, you incur ongoing costs, including management fees; distribution and/or service (12b-1) fees; and other Fund expenses. This example is intended to help you understand your ongoing costs (in dollars) of investing in the Fund and to compare these costs with the ongoing costs of investing in other mutual funds.

The example is based on an investment of \$1,000 invested at the beginning of the period and held for the entire period from January 1, 2019 through June 30, 2019.

Actual Expenses

The "Actual" expenses lines in the table below provides information about actual account values and actual expenses. You may use the information below, together with the amount you invested, to estimate the expenses that you paid over the period. Simply divide your account value by \$1,000 (for example, an \$8,600 account value divided by \$1,000 = 8.6), then multiply the result by the number in the table under the heading entitled "Expenses Paid During Period" to estimate the expenses you paid on your account during this period.

Hypothetical Example for Comparison Purposes

The "Hypothetical" expenses lines in the table below provides information about hypothetical account values and hypothetical expenses based on the Fund's actual expense ratio and an assumed rate of return of 5% per year before expenses, which is not the Fund's actual return. The hypothetical account values and expenses may not be used to estimate the actual ending account balances or expenses you paid for the period. You may use this information to compare this 5% hypothetical example with the 5% hypothetical examples that appear in the shareholder reports of other funds.

The table is useful in comparing ongoing costs only, and will not help you determine the relative total costs of owning different funds.

Actual	Fund's Annualized Expense Ratio	Beginning Account Value 1/1/19	Ending Account Value 6/30/19	Expense Paid During Period 1/1/19 – 6/30/19*
Class 1	1.58%	\$1,000.00	\$1,024.30	\$7.93
Class 2	2.08%	\$1,000.00	\$1,032.40	\$10.48
Hypothetical (5% return before expenses)	Fund's Annualized Expense Ratio	Beginning Account Value 1/1/19	Ending Account Value 6/30/19	Expense Paid During Period 1/1/19 – 6/30/19*
Class 1	1.58%	\$1,000.00	\$1,016.96	\$7.90
Class 2	2.08%	\$1,000.00	\$1,014.48	\$10.39

^{*} Expenses are equal to the Fund's annualized expense ratio multiplied by the number of days in the period (181) divided by the number of days in the fiscal year (365).

PRIVACY NOTICE

NORTHERN LIGHTS VARIABLE TRUST

Rev. February 2014

FACTS	WHAT DOES NORTHERN LIGHTS VARIABLE TRUST DO WITH YOUR PERSONAL INFORMATION?
Why?	Financial companies choose how they share your personal information. Federal law gives consumers the right to limit some, but not all sharing. Federal law also requires us to tell you how we collect, share, and protect your personal information. Please read this notice carefully to understand what we do.
What?	The types of personal information we collect and share depends on the product or service that you have with us. This information can include: • Social Security number and wire transfer instructions • account transactions and transaction history • investment experience and purchase history When you are <i>no longer</i> our customer, we continue to share your information as described in this notice.

How?

All financial companies need to share customers' personal information to run their everyday business. In the section below, we list the reasons financial companies can share their customers' personal information; the reasons Northern Lights Variable Trust chooses to share; and whether you can limit this sharing.

Reasons we can share your personal information:	Does Northern Lights Variable Trust share information?	Can you limit this sharing?	
For our everyday business purposes - such as to process your transactions, maintain your account(s), respond to court orders and legal investigations, or report to credit bureaus.	YES	NO	
For our marketing purposes - to offer our products and services to you.	NO	We don't share	
For joint marketing with other financial companies.	NO	We don't share	
For our affiliates' everyday business purposes - information about your transactions and records.	NO	We don't share	
For our affiliates' everyday business purposes - information about your credit worthiness.	NO	We don't share	
For nonaffiliates to market to you	NO	We don't share	

QUESTIONS? Call 1-402-493-4603

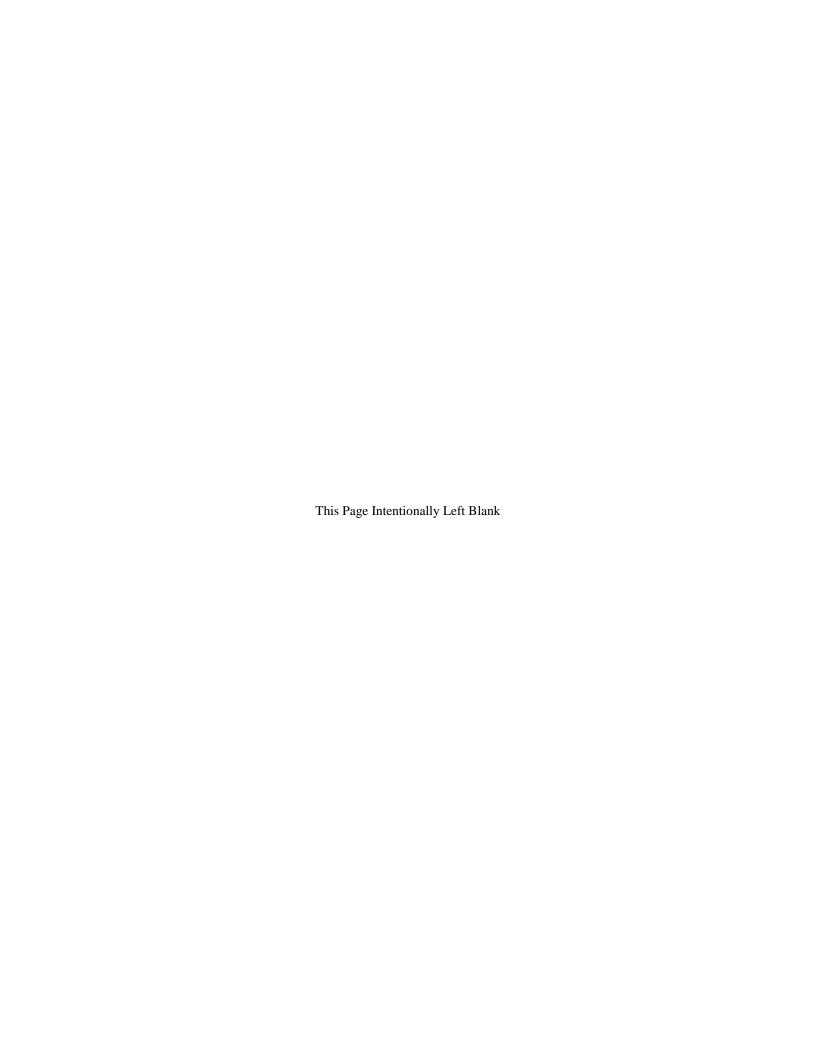
PRIVACY NOTICE

NORTHERN LIGHTS VARIABLE TRUST

Page 2

What we do:		
How does Northern Lights Variable Trust protect my personal information?	To protect your personal information from unauthorized access and use, we use security measures that comply with federal law. These measures include computer safeguards and secured files and buildings.	
	Our service providers are held accountable for adhering to strict policies and procedures to prevent any misuse of your nonpublic personal information.	
How does Northern Lights Variable	We collect your personal information, for example, when you	
Trust collect my personal information?	 open an account or deposit money direct us to buy securities or direct us to sell your securities seek advice about your investments 	
	We also collect your personal information from others, such as credit bureaus, affiliates, or other companies.	
Why can't I limit all sharing?	Federal law gives you the right to limit only:	
why can't I mint an sharing:	 sharing for affiliates' everyday business purposes – information about your creditworthiness. affiliates from using your information to market to you. sharing for nonaffiliates to market to you. 	
	State laws and individual companies may give you additional rights to limit sharing.	

Definitions	
Affiliates	Companies related by common ownership or control. They can be financial and nonfinancial companies. • Northern Lights Variable Trust does not share with our affiliates.
Nonaffiliates	Companies not related by common ownership or control. They can be financial and nonfinancial companies. • Northern Lights Variable Trust does not share with nonaffiliates so they can market to you.
Joint marketing	A formal agreement between nonaffiliated financial companies that together market financial products or services to you. • Northern Lights Variable Trust doesn't jointly market.



PROXY VOTING POLICY

Information regarding how the Fund voted proxies relating to portfolio securities for the most recent twelve month period ended June 30 as well as a description of the policies and procedures that the Fund uses to determine how to vote proxies is available without charge, upon request, by calling 1-877-287-9820 or by referring to the Securities and Exchange Commission's ("SEC") website at http://www.sec.gov.

PORTFOLIO HOLDINGS

The Fund files its complete schedule of portfolio holdings with the SEC for the first and third quarters of each fiscal year on Form N-Q. Form N-Q is available on the SEC's website at http://www.sec.gov and may be reviewed and copied at the SEC's Public Reference Room in Washington, DC (1-800-SEC-0330). The information on Form N-Q is available without charge, upon request, by calling 1-877-287-9820.

INVESTMENT ADVISOR

BTS Asset Management, Inc. 420 Bedford Street Suite 340 Lexington, MA 02420

ADMINISTRATOR

Gemini Fund Services, LLC 80 Arkay Dr Suite 110 Hauppauge, NY 11788